

Henna Instructions

MIXING YOUR HENNA

1. Mix 100g Henna powder and 2 tablespoons of sugar in a bowl or mixer.
2. Add ½ cup lemon juice and ½ cup water, mix until a very thick paste is formed. Add small amounts of water as required, the paste will remain lumpy.
3. Add 30ml of lavender oil and if mixture is too thick add water, henna paste should ribbon off your spoon forming peaks that very slowly melt or slump.
4. Mix until all lumps have gone, and paste is smooth.
5. Cover Henna with some cling wrap and put aside at room temperature, leave for 12 – 24 hours. Prepare cones ready to fill.
6. Give the henna a mix and spoon into a stocking, (panty- hose leg) and strain. This will prevent any blockages in your cone by removing any lumps.
7. Place the strained henna into the carrot bag provided and fill your cones about 1/2 – 2/3 of the way full and tape closed.

ROLLING A HENNA CONE:

1. Roll plastic sheet tightly, keeping the bottom (A) as a sharp point.
2. Stick the lower edge with tape to hold the cone
3. Fill each cone ½ to 2/3 with Henna mixture from the carrot bag provided
4. Fold the top left and right sides over and stick with adhesive tape
5. Roll plastic from the top down until the filled henna is reached and tape shut.

Keep henna in the freezer until time of use.

